

**President's message:** 

Alpha Nu Sisters,

As we are nearing the end of fall and winter is looming, many things will be taking our time such as: family time and holidays, decorating and pulling out those winter



and holidays, decorating and pulling out those winter clothes, wrapping up a semester of grades, and let's not forget... SHOPPING! All of these items, as well as many more, as the holidays approach can consume much of our time, and with daylight hours shorter and shorter, it can be tiresome!

Before we get too busy with all the must do's around this time of year, take a moment and reflect on what you would like to do for the remainder of 2022. Is it taking that extra hour to read a good book, paint a portrait, sneak in that extra walk, or curl up with a loved one and watch a movie? Whatever it is, do it! Part of our own personal growth means not only challenging ourselves professionally, but also taking the time to enjoy our life and the activities we most love. As educators, I know, we too often do not do the latter! I would like to leave you with this thought from Mark Twain when the nights grow colder and all those "musts" on our to do list consume our day: "Twenty years from now you will be more disappointed by the things that you didn't do than by the ones you did do. So throw off the bowlines. Sail away from the safe harbor. Catch the trade winds in your sails. Explore. Dream. Discover."

Dear sisters, I encourage you to explore, dream and discover the joys of your heart and enhance your growth mindset to include the fun things in life as well as the must do's or the professional day-to-day tasks of teaching. Sisters, let's cultivate our own garden as we close out 2022!

With much respect and admiration,

Dr. Anna Moose, president

Alpha Nu chapter of NC DKG

Wishing you a very happy Thanksgiving!



Alpha Nu Meeting Sunday, November 6 2:30 p.m. at First United Methodist Church

9 Lakeside Avenue

Granite falls, NC 28630

Please inform the reservationists whether or not you will be attending by Wednesday, 2nd.

Members with last names A—J, email Joyce Kendall at joycek027@gmail.com

Members with last names K-W email Elaine Poole at epoole2288@gmail.com

You will find more meeting details on page 2.

Inside this newsletter you will find info relating to:

- Girl Scout Troop Fundraiser
- Grants/ Scholarships
- Educational Foundation's Day of Giving
- Fine Arts Gallery



## **Supporting our Girl Scout Troop!**

UPDATE: Alpha Nu Chapter will be partnering with the special needs Girl Scout Troop #10742 as its community project this year.

The troop is holding a yard sale and bake sale on Saturday, November 5th—8 a.m. to 1 p.m. at Drexel First Baptist Church picnic shelter.

The troop is asking for our help in providing items for the sale. Household items, kitchen items, furniture, toys, etc. are needed.

Contact <u>Kim Baker</u> if you have items to donate.

It's a great time to do some fall cleaning and give your unused items to a worthy cause.



Let's support our troop!

## Looking Ahead: Spring Convention Project Announced



The 2023 NC DKG convention project is collecting food and monetary funds for the Food Bank of the Albemarle located in Elizabeth City. The Food Bank of the Albemarle helps fight hunger and poverty in northeast NC, serving Beaufort, Bertie, Camden, Chowan, Currituck, Dare, Gates, Hertford, Hyde, Martin, Northampton, Pasquotank, Perquimans, Tyrrell, and Washington counties.

The Food Bank is collecting canned items such as meats, proteins, vegetables, fruits and soups; dry goods such as pasta, cereal, rice and dried beans. In addition to food items, toiletries, personal hygiene items, toilet tissue, and laundry soap are very much needed to help families. These are necessary essentials that they cannot obtain with food stamp benefits.

There will be a table set up at the convention for items to be donated. More information can be found at https://afoodbank.org/.

Other convention plans are also progressing. Watch for the call for proposals to present workshops soon. Begin preparing sessions now!

## **Meeting Details**



Our meeting will be held at First United Methodist Church in Granite Falls at 2:30 p.m. The address is:

9 Lakeview Avenue

Granite Falls, NC 28630

The Compassion rose team will be serving as our host for this annual tea.



The beginning/early teacher career support committee will be presenting a very informative program about the needs of beginning teachers.

We will attempt to offer this as a Zoom meeting if you are unable to attend in person. Click on <u>Sherry</u> to email your request to be a Zoom participant ASAPso she can send you a link to the meeting.

## What to bring:

- Drink tabs for the Girl Scouts' project.
- Cassandra Caldwell, chair of the world fellowship/ community support committee, is requesting that we donate hair conditioner to be given to Options in Burke County.
  Options serves as a safe haven for women who have suffered abuse and/or domestic violence.
  Cassandra will deliver the items.

2021-2023 NC DKG Executive Committee

**President: Beth Winstead** 

First Vice President: Hilda Parlér

Second Vice President: Tammy Cullom

**Recording Secretary: Patrice "Patty" Higgins** 

Immediate Past President: Dr. Teresa Holt Cowan

**Treasurer: Leslie Black** 

**Executive Secretary: Elizabeth Miars** 

NC DKG News Editor: Carol Bostian

Webmaster: Deb Christensen

Parliamentarian: Betty Marshall

### Alpha Nu Officers 2022-2024:

Alpha Nu President: Dr. Anna Moose

First Vice-President: Teresa Larson

Treasurer: Ann Aldridge

Secretary: Michelle Barrier

Parliamentarian: Mary Lindsay

Other:

Newspaper Editor/ Webmaster:

Dr. Sherry R. Willis

### From our state president Beth Winstead



The nominations committee has posted the information for next biennium's officers, and I hope some of you have taken the step forward to serve at the state leadership level.

There is no greater joy than getting to meet with so many DKG sisters throughout the state. Each of you has the abilities for these positions, and you will gain so much from others.

Upcoming: Keep an eye on the NC DKG website for information on the leadership retreat in March being arranged by the leadership development committee.

Watch for workshop application forms for NC DKG state convention in April, a pre-convention event sponsored by the Educational Foundation, plus more.

Finally, take care of yourself and other chapter members. I believe fellowship and personal connections are the keys to a healthy chapter. Make sure your members want to be at your meetings and events.

Thanks for all you do.

**President Beth** 



## **Member News:**

Congratulations to Burke County Board of Education chair **Wendi Craven** on her nomination to serve on the NC School Board Association's board of directors.

Congratulations to **Dr. Anna Moose** who has been selected as a fellow in the 2022-2023 class of the North Carolina Education Policy fellowship program.

#### **Health News:**

Kim Rudisill continues to recover from a broken leg.

Pam Lookadoo continues to heal from knee replacement surgery.

**Terri Mull** has recovered from Covid and has begun her new job as a part-time tutor.

**Browning Rochefort** can now put more weight on her leg which means she can be more active...but not too much!

Kelly O'Toole is recovering from kidney stone surgery.

Debbie Christian is recovering from gall bladder surgery.

Jessica Anderson has recovered from recent knee surgery.

**Teresa Larson's recent test results indicated some cancer has returned.** Keep her in your thoughts and prayers.

## **NC DKG Scholarships**

There will be two Doctoral scholarships and one Post-Baccalaureate scholarship available this year through NC DKG. Scholarship applications are due by February 1, 2023.

The <u>NC DKG scholarship forms</u> are linked on the state website, along with an applicant checklist. NC DKG members may apply for both an NC DKG and an international scholarship within a given year.

The membership requirement for NC DKG applicants is two calendar years following induction.

# **DKG International Scholarships Due February 1**

The international application forms are available under the Apply/Submit tab of the DKG member website.

The membership requirement for International applicants is three years.

## **NC DKG Educational Foundation Grants--**Spring Cycle

- Continuing Education for Professional/Personal Growth Grant
- Learning/Literacy Grant

# **Endowment Grants—Spring Cycle**

- <u>Margaret Church Endowment Grant</u> -- Grades 4-12 educators statewide supporting leadership development
- <u>Dr. Judith B. Carlson Endowment Grant</u> -- Educators statewide supporting enrichment activities, travel, fieldtrips, outdoor education, and other experiential learning

• <u>Linda G. Richards Endowment Grant</u>-- NC public high school female volleyball coaches

• <u>Groves-Little Early Career Educator's Grant</u>-- Educators, four years or less experience, employed in NC public schools. Educators statewide supporting enrichment activities, travel, fieldtrips, outdoor education, and other experiential learning

Applications are found on the <u>NC DKG Educational Foundation</u> website.

# Mark your calendars for our meetings!



Chapter:

Saturday, September 17, 2022— Site: Liberty Middle School, Morganton @ 10 a.m.

**Sunday, November 6, 2022**—First United Methodist Church in Granite Falls @ 2:30 p.m.

Saturday, January 28th, 2023 — 10 a.m. at Drexel First Church of God.

Friday, May 5, 2023—6 p.m. at Hudson First Baptist Church— Celebration of Alpha Nu's 65th Anniversary

State:

**April 28-30, 2023**— NC DKG State Convention in Greenville, NC

International:

July 11-16, 2023— DKG International Conference

## Alpha Nu Projects:

Keep Those

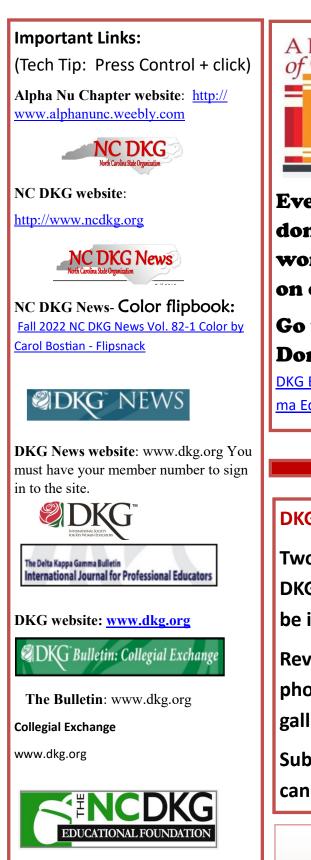
**Collections Going!** 

As part of our on-going partnership with our Girl Scout troop,



please collect any pull-tabs to donate to their troop project.

Please also remember to save your Christmas cards for the scouts.



NC DKG Educational Foundation website:

www.ncdkgef.org/



**Mark Your Calendar!** 

The NC DKG Educational Foundation's Annual Day of Giving will be November 29.

Every member is encouraged to make a donation on this day to celebrate the work of the foundation and its impact on chapters and members in NC.

Go to the website and click on the Donation Page tab. Donation Page - North Carolina DKG Educational Foundation The North Carolina Delta Kappa Gamma Education Foundation (ncdkgef.org)

# **DKG International Fine Arts Gallery**

Two Alpha Nu members' submissions to the Fall DKG Fine Arts Gallery have been accepted to be included in the 2022 fall gallery.

Rev. Charlotte Brendel's and Sherry Willis' photographs will be among those included in the gallery's mid-November opening.

Submissions for the 2023 Spring Fine Arts Gallery can be made January 15-February 15.

"Happy 88th Birthday NC DKG!"

On October 27, 1934, North Carolina became the 7th state organization in DKG